

**Skill Name: Following Instructions**

**Skill Description: Follows directions; accepts advice.**

**Skill Notes: Extent to which feelings can be put aside in response to direction from authority figures; comfort with confrontation.**

1. Describe a time when you were asked to do something that you did not think was part of your job. What happened and what did you do?
2. Describe a time when you were given a task to do, but disagreed about how it should be performed. What happened? How did you handle it?
3. When faced with a routine and easy task, how do you go about adequately the demands and sustaining motivation? Give me a specific example.
4. Give me the best example of how you follow instruction.
5. All jobs have some unpleasant tasks. Recall for me the most unpleasant task you were required to do at work.