

Skill Name: Commitment

Skill Description: Gives 100%; works long hours; persistent; demonstrates interest in learning.

Skill Notes: Ability to flexibly alter personal desires in order to get a job done on time; ability to accomplish tasks that are distasteful or routine.

1. Describe a particularly lengthy project you were involved in? How did you stay on task and sustain motivation?
2. If I were a fellow co-worker, what would I say about your level of commitment? Give me an example of something you have done that would make me say that?
3. Sometimes persistence is a very important trait. How would you rate yourself? Give me an example to support your answer.
4. When faced with a routine and easy task, how do you go about adequately meeting the demands and sustaining motivation? Give me a specific example.
5. Tell me about a task that, although very difficult, you stuck with until it was completed.